

# BARBERA SCHOUTEN

TRANSFORMATION COACH. SPEAKER. AUTHOR.



HSP Coach Barbera



Barbera

ABOUT ME HSP Coach

Empaths, Intuitives & Soulpreneurs hire me to become free to do what they love doing the most by getting crystal clear on who they really are and what's actually important to them, so they can leave behind overwhelm & uncertainty, start living their life on purpose, step into their zone of genius and turn their passion into their soulful profitable business

## CATEGORIES

True Self, Authenticity, Empowerment, Alignment, Passion, Focus & Concentration, High Sensitivity, Mindset, Limiting Beliefs, Relationships, Self-love, Self-care, Energy & Stress, Emotions, Freedom, Love, Intuition, Entrepreneurship, Empathy, Unleashing Your Awesome, Overcoming Perfectionism, Feeling like Alien/ Outsider, Boundaries, Flow, Spirituality, Overwhelm, Exhaustion

## CONTACT INFO

Mobile: +31 6 35 11 79 77

Email: [barbera@hspcoachbarbera.com](mailto:barbera@hspcoachbarbera.com)

Website: [www.hspcoachbarbera.com](http://www.hspcoachbarbera.com)

LinkedIn: [@hspcoachbarberaschouten](https://www.linkedin.com/in/hspcoachbarberaschouten)

Podcast: : [www.anchor.fm/hspcoachbarbera](http://www.anchor.fm/hspcoachbarbera)

## TOPICS:

- Connect to Your True Self
- Align Your Life in Full Authenticity
- Finding your Passion & Calling
- Discover Your Soul's Purpose & Mission
- Tying Your Passion to Your Purpose
- Creating a Profitable Soul Aligned Business
- Mastering Your Mindset
- Overcoming Blocks & Limiting Beliefs
- Start or Grow Your Business
- Becoming (financially) Free
- Intuitive Sales & Marketing

## SUMMARY

Barbera is a transformation coach, a speaker and an author. She specializes in helping people who feel different than others to be deeply connected with their authentic (spiritual) self, have a crystal clear vision of the life they truly want to live, unleash the power that is already within them and reignite their passion & purpose, so they can have a soulful, profitable business., achieve their dreams and live a fulfilled life on their terms now!

**Location: World Wide**

**Available for:**

- remote or face to face interviews
- speaking gigs, summits, retreats etc.

## BACKGROUND INFORMATION

Barbera is an experienced transformation coach, speaker and author.

She has helped thousands of highly sensitive people (HSP's) empaths, intuitives and spiritual entrepreneurs all over the world to embrace and accept themselves fully and connect to their true, authentic self by getting to know their own user manual through and through, discovering their passion & calling and devising effective energy, stress and emotion management strategies so they can finally create a life for themselves that makes their heart sing.

She has written 4 books & 3 Online Programs and she regularly writes blogs on LinkedIn that have helped even more people to "come out of the closet". She has her own TV Show called HSP TV on Youtube in which she talks about all things HSP, Energy and Entrepreneurship related.

She is the host of a Podcast called 100% Yourself With Barbera on which she discusses everything you need to know to be able to be 100% Yourself and on which she also interviews other inspiring people to share their story about being 100% Yourself. Her Podcast can be found on most Podcast platforms.

Her style can best be described as easy-going and down-to-earth with a big dose of genuine love, care & compassion. Barbera helps intuitive aliens go from overwhelm and confusion to clarity and peace of mind by combining practical knowledge and personal experience with great tips, useful strategies and amazing tools.

**TO BOOK BARBERA AS A GUEST, CONTACT [INFO@HSPCOACHBARBERA.COM](mailto:INFO@HSPCOACHBARBERA.COM)**



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HSP Coach Barbera

## BACKGROUND INFORMATION

She has created the Authentic Super Power System® and the SoulPreneur Success System and she is the founder of the HSP Power Academy.

Barbera has been a guest speaker on various TV Shows, Podcasts and Blogs and her goals is always to inspire and help others to gain a better understanding of how to be 100% Yourself and how to make a lasting and transformative change to improve their lives.

Need an expert to talk about how to develop a better relationship with yourself and create an amazing, blissful future that makes your heart sing and gives you unbridled joy? INVITE BARBERA TO BE A GUEST. Read more about her story here:

<https://bit.ly/371qVUs>

## HOW I'LL PROMOTE PODCASTS I'M ON

I will promote graphic posts with content marketing the podcast show and interview through my social media profiles (Facebook, Instagram, and LinkedIn) and e-mail which totals over 5000 contacts.

## SOCIAL MEDIA PROFILES

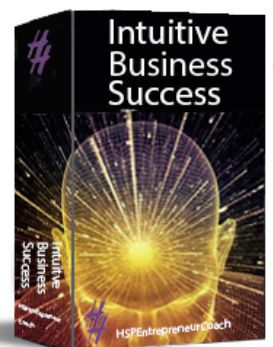
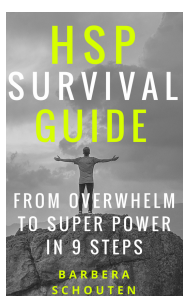


/HSPCOACHBARBERA

## ROADMAP TO LIVING A LIFE YOU LOVE

Get my FREE Ebook here: [www.hspcoachbarbera.com/roadmap](http://www.hspcoachbarbera.com/roadmap)

## BOOKS & ONLINE PROGRAMS



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